

**This is a suggested menu only, for guidance and to provide an example of what may be available at the time of the Jamboree for those wishing to take the KIJ catered option.**

### **Breakfast**

Floured Bap, Bacon and/or sausages, with sauces., Cereal (Kellogg's variety packs), milk, sugar, French baguette portion, butter, jam, orange juice

### **Packed Lunch**

Sandwiches (3 selections daily). Fruit – Apple, Orange or banana. 1 per day. Bottle of water. Packet of crisps. Napkin

All pre-packed in carrier bag for the scouts to just pick up and go.

### **Dinner**

Evening meals will consist of a different option every day. There will also be French baguette and can of drink.

#### Main

- a) Sausage x 2 & mash & beans
- b) 1/4lb Burger in bun with chips
- c) Bolognese Mince Pasta/Spaghetti
- d) Chilli Con Carne & rice
- e) Chicken steak & veg
- f) Pasta Bake beans & cheese
- g) Chicken Korma curry

#### Deserts examples

Ice cream or Custard with Jelly, fruit, sponge, cake from chilled counter or similar options

### **Vegetarian**

Sausage x 2 or 1/4lb Veg Burger or soya mince Bolognese

Chilli Con Carne or Quorn steak or Pasta Bake or Quorn Korma curry

#### Deserts examples

Soya milk Custard with

Jelly, fruit, sponge/cake or similar options

### **Allergies**

We will not be able to guarantee any allergy in tolerances with regard nuts as all provider's state there could be traces from production. So, we must pass that on. We do not intend having any nuts in our kitchens or meals. We can cater for Lactose, Gluten and others.

### **Unlimited Tea and Coffee – self service**

